



GW Medicine Notes

A Monthly Publication of the GW Department of Medicine

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October 2009

Faculty In the News

September was a terrific month for two of our faculty, receiving credit for their work in *The Washington Post*. First, on September 22, in the lead article in the Post's Health Section, **Dr. Ramesh Mazhari**, Assistant Professor of Medicine in the Division of Cardiology was touted for her innovative work in using the Radial Artery to perform cardiac catheterizations. The procedure, although more difficult than the standard method is much better for patient comfort and safety and Ramesh is the only cardiologist in Washington that does the majority of her procedures using this technique.

A wonderful patient testimonial by someone who had the old procedure a few years ago and had to endure hours of lying flat on his back was amazed that the new procedure allowed him to sit up and walk around immediately. Of course there were skeptics (aren't there always). One local cardiologist who doesn't perform the new procedure touted it as a marketing ploy with no benefit. Unfortunately for him, Dr. Pinak Shah, director of interventional training at the Brigham and Women's Hospital in Boston said, "I think the people who pooh-pooh it don't spend the time learning how to do it."

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Save the Date!
The Annual
Faculty/Housestaff
Holiday Party
December 11, 2009

From the Chairman

Socialism has certainly taken a beating over the last year. But I think people are being misled. A common mistake is to confuse Socialism, the economic system, with Communism, the political system. Communists are "socialist" in the same way that Republicans are "compassionate conservatives". Socialism refers to a society characterized by equal access to resources for all individuals. That is something we wouldn't want to happen in this country. If we allow health care to become socialized were would it all end?

This morning I was awakened by an alarm clock powered by electricity generated by the public power monopoly regulated by the US Department of Energy. I then showered in the clean water provided by the municipal water utility. After that, on the way to work, I deposited mail to be sent out via that bastion of socialist organizations, the US Postal Service.

When I arrived at work, I got on my computer and used the socialist internet which was developed by the Defense Advanced Research Projects Administration and browsed the socialist World Wide Web made possible by Al Gore. I then read the posts on Fox news forums about how SOCIALISM in medicine is BAD because the government can't do anything right. Fair and balanced reporting if I do say so myself.

As a purely economic system, socialism is an abysmal way to run a large scale economy. But where would we be if we didn't have "socialist" portions of our dwindling capitalistic society. What do people think Medicaid and Medicare are? How many elderly (or my new term, "youth challenged") are ready or willing to give up their socialistic form of health care?

The mantra has become, say "no" to a Public Option because it would be the first inroad to Universal Health Care or true medical socialism. The American Medical Association put it this way: "The introduction of a new public plan threatens to restrict patient choice by driving out private insurers. And? Can you imagine driving out the beloved private insurers? What a tragedy.

So we can have socialized energy, water, information access, transportation, food safety, etc, etc, etc. but not health care. I am apprehensive about a health plan that tries to preserve the terrible system we have now and allow the insurance companies to continue their monopolistic control. Doesn't it bother anyone that Cuba has a healthier population than the US?

Alan G. Wasserman, M.D.

Department of Medicine October 2009 Grand Rounds

Oct 1 "Influenza: A Media Frenzy"

Gary L. Simon, MD, PhD, MACP

Professor of Medicine and of Biochemistry and Molecular Biology and of Microbiology, Immunology and Tropical Medicine
Division Director, Infectious Diseases; Vice Chairman,
Department of Medicine; Director, GW HIV/AIDS Institute
George Washington Medical Faculty Associates

Oct 8 "Why Has My Appearance Changed and Why is My Hearing So Bad?"

Kenneth L. Becker, MD, PhD, MACP

Professor of Medicine and of Physiology
Director, Division of Endocrinology
Department of Medicine
George Washington Medical Faculty Associates
Chief of Endocrinology, Washington, DC VA

Oct 15 "Obesity"

Rochelle V. Brown, MD, MS

Instructor of Medicine
Division of General Internal Medicine
Johns Hopkins Hospital
Baltimore, Maryland

Oct 22 "Breaking Bad News"

James L. Scott, MD

Dean, School of Medicine and Health Sciences
Professor of Emergency Medicine
George Washington University Medical Center

Oct 29 "The History of STDs"

Jillian Catalanotti, MD, MPH

Assistant Professor of Medicine and of Public Health
Division of General Internal Medicine
Department of Medicine
George Washington Medical Faculty Associates

The George Washington University Medical Center (GWUMC) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians. GWUMC designates this continuing medical education activity on an hour-for-hour basis in Category I of the Physician's Recognition Award of the American Medical Association.

Cardiology Grand Rounds

Oct 7 **M & M**

Oct 14 **Allen Solomon, MD**
Professor of Medicine, Division of Cardiology
GW Medical Faculty Associates
Update on Atrial Fibrillation

Oct 21 **Tim McCaffrey, PhD**
Professor of Biochemistry & Molecular Biology
George Washington University Medical Center
Cardiac Genomics

Oct 28 **No Grand Rounds**
MFA All Faculty Meeting

The "Line-up" for October

ADMITTING RESIDENT (202) 715-6034 (CELL)
PAGER ACCESS (202) 414-7777 or (800) MFA-5144
or in-house (82)

WHITE TEAM	(202) 715-5669	Beeper
Yousef Bader		741-0198
Rasha Buhumaid		741-0275
Kristin Forcucci		002-0872
YELLOW TEAM	(202) 715-6041	Beeper
Leigh Bornstein		741-0329
Phuc Nguyen		741-0080
Mohamed Sultan		002-0602
GREEN TEAM	(202) 715-6062	Beeper
Anne Cioletti		741-0240
Veeral Oza		002-0614
Chad Berlin		002-0834
RED TEAM	(202) 715-6039	Beeper
James Yang		741-0115
Gabe Rivera		002-0707
BLUE TEAM	(202) 715-6156	Beeper
Megan Terek		741-0344
Diane Yang		002-0629
Julie Gribetz		002-0839
SILVER TEAM	(202) 715-6040	Beeper
Hawaa Almansouri		741-0203
Agnes Kresch		002-0726
Meghan Magley		741-1634
PURPLE TEAM	(202) 715-6042	Beeper
Amr Mohsen		741-0121
Bassel Hassouna		002-0743
Ali Bou-Shari		002-0835
GOLD TEAM	(202) 715-6044	

Resident Lecture Series October 2009 Noon Conference

Oct 1	Medicine Grand Rounds
Oct 2	"Giant Cell Arteritis" - Dr. Mandana Hashefi
Oct 5	Primary Care Lecture Series
Oct 6	"Smoking/Alcohol" - Dr. Matthew Mintz
Oct 7	"Bariatric Surgery" Dr. Joseph Afram
Oct 8	Medicine Grand Rounds
Oct 9	"Spondyloarthropathy" - Dr. Rodolfo Curiel
Oct 12	Primary Care Lecture Series
Oct 13	Public Health Grand Rounds
Oct 14	GME: Research Curriculum
Oct 15	Medicine Grand Rounds
Oct 16	Chairman's Rounds
Oct 19	Primary Care Lecture Series
Oct 20	M & M
Oct 21	Journal Club
Oct 22	Medicine Grand Rounds
Oct 23	Chairman's Rounds
Oct 26	Primary Care Lecture Series
Oct 27	Jeopardy!
Oct 28	Patient Safety Seminar
Oct 29	Medicine Grand Rounds
Oct 30	Topic TBA

Announcing Chief Medical Residents for 2010 - 2011

The Internal Medicine Residency Program has selected the Chief Medicine Residents for the 2010 - 2011 academic year. The chiefs who will be serving at the GWU Hospital are **Dr. David Popiel**, **Dr. Megan Terek**, and **Dr. Jeannie Yu**. **Dr. Shari Maletsky-Smith** will be at Inova Fairfax Hospital and **Dr. Nihar Patel** will be the chief at the Washington, DC Veterans Affairs Medical Center. We are very pleased with the strong class of chiefs and expect next year to be a smooth one. For those of you who haven't had the opportunity to spend much time with these senior residents, we are pleased to introduce them to you;

Dr. David Popiel, a GW Chief, was born in Illinois and received his BA with Honors from the University of Chicago. He received his MD from Columbia University College of Physicians and Surgeons in New York. While in medical school he did international electives in the Dominican Republic, Bolivia and Ecuador. After medical school he received his MPH from Johns Hopkins University before starting his residency at GWU. Dr. Popiel is known as a patient-focused, hard-working, team player with an excellent fund of knowledge and presentation skills. He is fluent in Spanish and Polish.

Dr. Megan Terek, also a GW Chief, was born in Youngstown, Ohio and graduated cum laude from Miami University in Ohio with a BA in Chemistry. Dr. Terek worked in the pharmaceutical sales industry for four years before attending medical school at Northeastern Ohio Universities College of Medicine. She was inducted into AOA as a third year medical student. Dr. Terek has an obvious compassion for patient well-being, she is well respected among her peers and by the clinical staff and she is known to be a pleasure to interact with professionally. Maybe its her prior experience as a pharmaceutical rep that contributes to her strong communication and interpersonal skills.

The third GW Chief is **Dr. Jeannie H. Yu**. Born in Minneapolis, Minnesota, Dr. Yu received her undergraduate degree in Biology and Religious Studies (cum laude) from the University of Miami in Miami, Florida, and then received her medical degree from the University of Miami Miller School of Medicine in the accelerated six year BS/MD combined honors program. Throughout her studies she participated in volunteer programs providing clinical services to culturally diverse uninsured and homeless communities in Miami, as well as at health fairs. Dr. Yu is an accomplished violinist and pianist who has traveled and performed with various symphonies. She was selected as the Intern of the Year for the Department of Medicine Residency Program for 2007- 2008.

Dr. Shari Maletsky-Smith will be the Chief at Inova Fairfax Hospital. She was born in Ft. Lauderdale, Florida and received her undergraduate degree from Colgate University in Hamilton, New York. She then came to GWU for medical school and stayed for her internal medicine residency. Dr. Maletsky-Smith and her husband have two bulldogs and a six-month old son Bryce. Dr. Maletsky-Smith is known to be thorough yet focused, a team player, and provides excellent patient care.

The Washington DC Veterans Affairs Medical Center Chief will be **Dr. Nihar Patel**. Dr. Patel was born and raised in Shreveport, Louisiana. He attended the Louisiana State University in Baton Rouge as an undergraduate, graduating magna cum laude, and received his medical degree from the Louisiana State University School of Medicine in Shreveport. Understandably he is a avid LSU sports fan. Dr. Patel is known to be an excellent teacher with a great fund of knowledge, hard working, approachable, compassionate and patient.

... Faculty In the News

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The second article on September 27th highlighted the work that **Dr. Katalin Roth**, Director of the Division of Geriatrics and Palliative Medicine, does in evaluating victims of torture. Working with a dedicated staff and other physicians at Bread for the City, Katalin has been doing this emotionally draining work for a decade. Her reports have helped countless numbers of victims achieve asylum in the United States. The story relates that in one case "the judge read Dr. Roth's report and said 'I don't know why human beings can be treating people like this.'"

Chairman's Rounds

GWU Hospital Auditorium, 12:00 Noon
All Faculty Invited to Attend

- | | |
|--------|--|
| Oct 16 | Dr. Anila Thomas
Dr. Lauren Doliner |
| Oct 23 | Dr. Nitin Sardana
Dr. Anitha Chetty |

Rheumatology Review Course October 2009

Thursdays 8:00 - 9:00 am ACC 1-401, 1:30 - 3:30 pm Hospital Rm 6-106
Questions? Call (202) 741-2488

- Oct 1 Rheumatology Review Course: Kawasaki Disease
Dr. Gulnara Mamryova
- Oct 1 Didactic Sessions (1:30 - 3:30 p.m., GW Hospital, 6106)
- Oct 2 Rheumatology Review Course at Noon Conference
Mandana Hashefi, MD, Assistant Professor of Medicine
- Oct 7 DC Rheumatism Society: B cell Therapies in Rheumatic Disease
Gregg Silverman, MD (Bethesda Marriott, 6:30 - 9:30 pm)
- Oct 8 Rheumatology Review Course: JIA
Patience White, MD, Professor of Medicine
- Oct 8 Didactic Sessions (1:30 - 3:30 p.m., GW Hospital, 6106)
- Oct 9 Rheumatology Review Course at Noon Conference
Rodolfo Curiel, MD, Assistant Professor of Medicine
- Oct 15 Intra-City Rheumatology Grand Rounds
NOTE LOCATION: NIH
NOTE TIME: 7:30 AM
- Oct 15 Didactic Sessions (1:30 - 3:30 p.m., GW Hospital, 6106)
- Oct 22 Research Conference: Intracellular vs. extracellular ADAMTS-13
Julian Curiel, HHMI/MCPS/NIH Intern
- Oct 22 Didactic Sessions (1:30 - 3:30 p.m., GW Hospital, 6106)
- Oct 29 Radiology Conference
Kathleen Brindle, MD, Assistant Professor of Radiology
- Oct 29 Didactic Sessions (1:30 - 3:30 p.m., GW Hospital, 6106)

Kudos & Congratulations

Kudos ... to **Dr. Mehsa Tehrani**, PGY1, received the Resident of the Month award for September from the GWU Hospital Physician and Employee Recognition Team.

More kudos ... to **Dr. Zohray Talib**, Assistant Professor, Division of General Internal Medicine, who was elected to Fellow status in the American College of Physicians in September.

Congratulations ... to **Dr. Katalin Roth**, Director, Division of Geriatrics & Palliative Medicine, who was invited to introduce Vice President Biden and Secretary Sebelius at an event in Silver Spring that was broadcast via the internet on September 23rd.

Congratulations ... to **Dr. Razi Ali**, PGY3, and his wife Sumayra, on the birth of their son Tayyib Noor, born September 23rd.

... and to **Dr. Seema Kakar**, Assistant Clinical Professor, Division of General Internal Medicine, and her husband, Arvinder, on the birth of their daughter Sundari, who joined her two older siblings on September 10th.

... and to **Linda Martinez, PA**, Division of Endocrinology, and her husband on the birth of their son, Benjamin Joaquin on September 1st.



See you next month! The Editor

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