



GW Medicine Notes

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Intern Interview Season Comes to an End

We are slowly coming to the end of this year's intern interview marathon. We have hosted medical students from all over the United States and many foreign countries over the last three months. We started in mid-November and will be finishing the first week in February.

On February 2nd we will take all the GW students who are applying for an internship in Internal Medicine out for drinks. This gives us a chance to hear about their experiences on the interview trail and gives us a final chance to sell our program. We will also explain to them the process by which we will assist them in contacting their top choices. This is often the first time that many of the 4th year students have seen each other since they started travelling on the interview circuit.

The following week the faculty involved with intern selection will meet in an extended session to finalize our match list. Then the waiting starts until March when the envelopes are opened and we and the students discover how everyone did.

Once again I would like to thank all those who gave their time to interview applicants. I don't remember a year that went any better. And of course, special thanks to **Tracie Bass** and **Tamara Lyons** for all the hard work in making this go so smoothly and look so easy.

**SAVE THE DATE
FOR THE**

**END-OF-THE-YEAR
PARTY**

FRIDAY, JUNE 11, 2010

**FOUR SEASONS
WASHINGTON DC
HOTEL**

From the Chairman

Some things, or in this case people, just won't go away. Every few months or so, the Washington Post will print an Op-Ed piece by Henry A. Kissinger, most recently on December 18, 2009. Obviously Kissinger has no shame, but this is the paper of Woodward and Bernstein. Why would anyone want to read Kissinger's opinion on anything? If you thought Obama didn't deserve the Nobel Peace Prize, giving Kissinger the award ranks up there with giving it to Arafat. At least Le Duc Tho of Vietnam, who was also awarded the prize, had the common sense to turn it down realizing that the war and fighting in Vietnam was far from over. In fact, the war continued for two years.

Kissinger is the great Harvard professor who, in 1965, declared a military victory in Vietnam to be meaningless, but then, in 1968, helped Nixon kill thousands of young Americans with the "peace with honor" program. Kissinger played a key role in a secret and subsequent widespread bombing of Cambodia in 1970. The bombing campaign contributed to the chaos of the Cambodian Civil War, which saw the forces of Dictator Lon Nol unable to retain foreign support to combat the rise of the genocidal Khmer Rouge insurgency that would overthrow him in 1975.

Kissinger, "the peacemaker," opposed the largest military airlift in history that saved Israel after being attacked by Egypt and Syria in the Yom Kippur war of 1973. Kissinger was more concerned about the potential disruption of the oil shipments to the U.S. than in aiding Israel. Nixon had to overrule him. Imagine, Kissinger made Nixon into the good guy.

But the reason many continue to call for his prosecution as a war criminal was his role in the overthrow of Socialist President of Chile, Salvador Allende in 1973. Elected by popular vote in 1970, Kissinger was worried about Allende's pro-Cuban sentiments. Allende was killed in a military coup by General Augusto Pinochet (and the CIA.) The famous Nixon tapes clearly demonstrate Kissinger's role in sponsoring this uprising. Pinochet ruled for 17 years until the return of democratic rule in 1990. At the time of his death in 2006, Pinochet had over 300 active criminal charges against him for various human rights violations, tax evasion and embezzlement. A fitting legacy for Henry K.

After Kissinger left office in 1977, he was offered an endowed chair at Columbia University but in one of the last forceful demonstrations of student activism, the student opposition forced the University to cancel the appointment. Unfortunately, he was allowed to teach at Georgetown University's school of Foreign Service for several years.

In a fitting final act to a sordid career, in 2002, President George W. Bush appointed Kissinger to chair a committee to investigate the terrorist attacks of September 11th. However, Kissinger stepped down as chairman rather than reveal his client list (Kissinger Associates), when queried about potential conflicts of interest. One can only wonder who his clients are if terrorism created a conflict of interest?

Kissinger, just go away!

Alan G. Wasserman, M.D.

Department of Medicine February 2010 Grand Rounds

Feb 4 **"Primary Hyperparathyroidism"**

Stephen J. Marx, MD

Chief, Metabolic Diseases Branch
Genetics and Endocrinology Section
NIDDK, NIH
Bethesda, Maryland

Feb 11 **"Parasomnias"**

Vivek Jain, MD, D, ABSM

Assistant Professor of Medicine
Director, GW Sleep Disorders Center
Division of Pulmonary, Critical Care and Sleep Medicine
George Washington Medical Faculty Associates

Feb 18 **"Atrial Fibrillation"**

William Gregory Stevenson, MD

Professor of Medicine, Cardiovascular Division
Harvard Medicine School
Director, Clinical Cardiac Electrophysiology Program
Brigham and Women's Hospital
Boston, Massachusetts

Feb 25 **"Bone Marrow Transplant"**

Imad Tabbara, MD

Professor of Medicine
Director, Bone Marrow Transplant Program
Division of Hematology and Oncology
George Washington Medical Faculty Associates

The George Washington University Medical Center (GWUMC) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians. GWUMC designates this continuing medical education activity on an hour-for-hour basis in Category I of the Physician's Recognition Award of the American Medical Association.

Cardiology Grand Rounds

5:00 PM, GWU Hospital, Conference Room 6-116

Feb 3 M & M

Feb 10 **Chris May, MD**

Department of Cardiology, Heart Failure
Inova Fairfax Hospital
Cardiac Allograft Rejection

Feb 17 **William Stevenson, MD**

Professor of Medicine, Cardiovascular Division
Harvard Medicine School
Director, Clinical Cardiac Electrophysiology Program
Brigham and Women's Hospital
VT

Feb 24 **Charles Berul, MD**

Division Chief, Cardiology
Children's National Medical Center
ICDs in Congenital Heart Disease

Medicine Team Contacts

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WHITE TEAM	(202) 715-5669
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RED TEAM	(202) 715-6039
BLUE TEAM	(202) 715-6156
SILVER TEAM	(202) 715-6040
PURPLE TEAM	(202) 715-6042
GOLD TEAM	(202) 715-6044

Chairman's Rounds

GWU Hospital Auditorium, 12:00 Noon

All Faculty Invited to Attend

Feb 12		Dr. P. Kasenetz
		Dr. James Yang
Feb 19		Dr. Shanthi Nadar
		Dr. Khaled Alswat
Feb 26		Dr. Janie Caplan
		Dr. Sharon Shen

Resident Lecture Series February 2010 Noon Conference

Feb 1	"Capacity Evaluations" - Dr. Lorenzo Norris
Feb 2	Mortality & Morbidity Conference
Feb 3	GME Lecture Series
Feb 4	Medicine Grand Rounds
Feb 5	Geri/Psych/Palliative Care Lecture
Feb 8	"HIV Medications" - Dr. Afsoon Roberts
Feb 9	"CPC" - Dr. Ashte Collins & Dr. Sian Spurney
Feb 10	GME Lecture Series: Research
Feb 11	Medicine Grand Rounds
Feb 12	Chairman's Rounds
Feb 15	"DM in the Hospital Patient" - Dr. Joshua Cohen
Feb 16	Jeopardy
Feb 17	Journal Club
Feb 18	Medicine Grand Rounds
Feb 19	Chairman's Rounds
Feb 22	"Interstitial PNAs" - Dr. Morgan Delaney
Feb 23	Mortality & Morbidity Conference
Feb 24	"Diabetic Foot Wounds & Infections" - Dr. Michael Stempel
Feb 25	Medicine Grand Rounds
Feb 26	Chairman's Rounds

'Partnership for Eritrea' Sends GW Expertise to Develop Residency Programs in Africa

Eritrea is an impoverished country on the horn of Africa, which ranks 137 out of 177 countries on the Human Development Index. As of 2005, the World Health Organization reported 3 physicians and 16 nurses per 100,000 people in Eritrea, the second lowest ratios in Africa after Liberia. In an effort to address this shortage, the Ministry of Health created the Orotta School of Medicine (OSM) with a 6-year curriculum designed to graduate practitioners expected to work throughout the country supplying most care needs, previously provided only by foreign graduates.

The Partnership for Eritrea is an innovative collaboration between Physicians for Peace (PFP), The George Washington University Medical Center (GWUMC) and the Eritrean Ministry of Health (MOH). To meet Eritrea's health care needs, the Eritrean MOH invited PFP and GWUMC to develop and implement a graduate medical education program at the Orotta School of Medicine.

The vision statement of GWU Medical Center articulates aspirations to "lead the field in the development of innovative curriculum and new models of teaching excellence." The Partnership for Eritrea is a unique opportunity for GWU to fulfill this vision. As one of the only private organizations working with the Eritrean government in healthcare, it provides an opportunity to significantly impact the health of an entire nation. In addition, public-private collaborations in medical education are uncommon in developing countries thereby providing GWU an opportunity to be recognized as a leader in offering graduate medical education opportunities in resource-poor settings.

After needs assessment visits by GWU in August 2005 and September 2006, and after numerous discussions with the MOH, five residency training programs were identified as vital core specialty areas: anesthesia, pediatrics, obstetrics and gynecology, internal medicine, and surgery. Phase 1 included Surgery and Pediatrics and now Phase 2 begins with Internal Medicine.

Though planning has been ongoing, in March 2010 a GW team, comprised of **Dr. Zohray Talib**, Assistant Professor and Internal Medicine Residency Associate Program Director and **Dr. Katalin Roth**, Associate Professor and Director, Geriatrics and Palliative Medicine Division, along with **Huda Ayas**, Director of the GW International Medicine Program will visit Eritrea for an on-site needs assessment. During this visit the team will visit the primary teaching site, as well as potential satellite sites, meet key personnel for the program and conduct a site assessment to understand the local context, facilities and resources available. During this visit the GW team will work closely with the Eritrean team to develop an outline of the structure and curriculum of the program.

This visit will be followed up with a visit in April by Internists from Washington University, visiting faculty for the residency program, who will continue with needs assessment and complete basic testing of the trainees. In July 2010 the GW team will make a second site visit to meet and orient the new Program Director and Associate Program Director, whom the team will hire, conduct faculty development and finalize details of the curriculum and structure of the residency program.

Ongoing involvement will include curriculum development, development of monitoring and evaluation tools, recruiting and coordinating visiting faculty, fundraising, networking with other GME programs in East Africa, faculty development, and gathering resources such as textbooks, journals and electronic modules.

ReStart DC Phase 1 Accomplishments

The ReStart DC program was created by the Richard B. and Lynne V. Cheney Cardiovascular Institute of the Medical Faculty Associates to raise awareness about the critical need for broad access to automated external defibrillators, especially in low-income communities in DC. As Phase 1 comes to an end the program has reached many goals.

Fifty (50) AEDs have been delivered to organizations serving low-income communities including on-site training for the majority of sites (training at all sites will be completed by March). The ReStart DC website: www.ReStartDC.org, was developed and launched to provide an online application process to recruit more sites. The program was formally launched with Lynne Cheney as Emcee with approximately 200 people in attendance at the launch event. The launch received national media coverage when NBC's Today Show interviewed Lynne Cheney and Jonathan Reiner, MD. The use of AEDs has been demonstrated at community programs to educate an additional 1,200 people on the use of AEDs. A school-based program has been created with KIPP DC Charter Schools that will be implemented this spring. So far, the ReStart DC program has raised \$326,665 (including pledges of \$35,000) from individuals, corporations and foundations.

Phase 2 starts this month with the goal of donating another 150 AEDs to organizations serving low-income communities. To join the fight against sudden cardiac arrest and help ReStart DC place AEDs in low-income DC communities go to www.ReStartDC.org for information.

A GW Frontiers in Medicine Lecture **The Empowered Patient:** **The Truth Behind Drugs, Herbs and Vitamins**

As part of the GW Frontiers in Medicine lecture series, "The Empowered Patient: The Truth Behind Drugs, Herbs and Vitamins", featuring a panel of GW MFA physicians, will take place on Wednesday, February 10, 2010, in the Jack Morton Auditorium. The panel consists of **Dr. Marie Borum**, Director of Gastroenterology & Liver Diseases, **Dr. Rachel Brem**, Director of Breast Imaging and Intervention, **Dr. Jehan El-Bayoumi**, Director of the Internal Medicine Residency Program, **Dr. Nancy Gaba**, Associate Dean of GME and Director of General Gynecology, **Dr. Tiffany Sotelo**, Urologist and Director, Pelvic Floor Center, and **Dr. Cynthia Tracy**, Associate Director of Cardiology and Director of Electrophysiology. **Dr. Alan Wasserman**, Chairman of Medicine, will moderate the panel discussion.

The lecture aims to empower women to make smarter health care decisions by arming them with the right information about drugs, herbs and vitamins and their effects on women's health, alone and in combination. The panel will discuss popular misconceptions, little known facts, and the overall impact that drugs, herbs and vitamins have on our health.

The lecture is open to the public. To RSVP or for more information contact Theresa Kerrigan at (202) 994-4695 or mcdtak@gwumc.edu.

Rheumatology Academic Conference Schedule February 2010

Thursdays 8:00 - 9:00 am ACC 1-401, 1:30 - 3:30 pm Hospital Rm 6-106
Questions? Call (202) 741-2488

- Feb 4 Radiology Conference
Kathleen Brindle, MD, Assistant Professor of Radiology
Chief Musculoskeletal Radiology
- Feb 4 Didactic Sessions
1:30 - 3:30 p.m., GWU Hospital, Rm 6106
- Feb 11 Journal Club
Seema Agrawal, MD
- Feb 11 Didactic Sessions
1:30 - 3:30 p.m., GWU Hospital, Rm 6106
- Feb 18 Intra-City Rheumatology Grand Rounds
NOTE LOCATION: National Institutes of Health
NOTE TIME: 7:30 AM
- Feb 18 Didactic Sessions
1:30 - 3:30 p.m., GWU Hospital, Rm 6106
- Feb 25 "Pulmonary Hypertension"
Susan Hasselquist, MD, Assistant Professor of Medicine
- Feb 25 Didactic Sessions
1:30 - 3:30 p.m., GWU Hospital, Rm 6106

Kudos & Congratulations

Congratulations ... to former Chief Resident **Dr. Neeral Shah** and his wife, Paige, on the birth of their first child, Amari Rose, born January 14th, weighing 7 lbs, 7 ozs. At last report, mom and baby were fine and dad was scared! By our estimation, he'll be a great dad.



Kudos ... to **Dr. Michael Stempel, DPM**, Assistant Professor and Director of Podiatry. A patient writes to thank Dr. Stempel for his, "aid and assistance with an on-going condition ... he is professional, competent, patient, considerate, and caring. But most important; he listens." Dr. Stempel also received the GWU Hospital Attending Physician of the Month Award in September 2009 for modeling service excellence.

More kudos ... **Dr. Jehan El-Bayoumi**, Associate Professor and Director, Internal Medicine Residency Program, received the GWU Hospital Attending Physician of the Month Award for December 2009.

See you next month! The Editor



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